



# Referral Form

\*Only for use if Online Form is not working\*

### Family being Referred Information:

Date of Referral: \_\_\_\_\_  
 Expected Due Date: \_\_\_\_\_  
 Name: \_\_\_\_\_ Pronouns: \_\_\_\_\_  
 DOB: \_\_\_\_\_ Phone: \_\_\_\_\_  OK to LVM?  
 Email: \_\_\_\_\_  
 Zip Code: \_\_\_\_\_ County: \_\_\_\_\_  
 Primary Language: \_\_\_\_\_  
 Is English Support Okay?  Yes  No  
 Self-Identified Race/Ethnicity: \_\_\_\_\_

### Referral Source Information:

Referred By: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 Email: \_\_\_\_\_

Please check any/all of the following resources the Family currently accesses:  TANF  WIC  DSHS  PHN/NFP  Medicaid

### Birth Doula Services Program:

The Birth Doula Services Program provides client-centered services focused on prenatal health, birth preparation, lactation, and postpartum support in the form of 3 pre-natal, 3 post-natal visits along with 24-7 labor and delivery support. Our Birth Doula Staff connect clients to community resources and baby supplies. Are you/your Referral interested in the Birth Doula Services Program?  Yes  No

### Childbirth Education:

The Perinatal Collaborative provides virtual and in-person Childbirth Education Classes (CBE) centered around the pregnant person and their family. CBE spaces are community matched for the Black, BIPOC/Multi-racial and Spanish Speaking, Pacific Islander and Indigenous communities. Are you/your Referral interested in Childbirth Education Classes?  Yes  No

### Lactation Support Program:

The Lactation Support Program provides families with a community-matched Lactation Support Peer Counselor, LSPC. The LSPC educates families prenatally, in their home about how to prepare for lactation. When the baby is born the LSPC supports families frequently for the first 6 weeks and for the first year of the newborn's life. Are you/your Referral interested in receiving lactation support?  Yes  No

### Lactation Lounges:

The Lactation Support Program provides families with a community-matched Lactation Support Peer Counselor (LSPC.) The LSPC prepares families for their feeding journey by providing education during pregnancy. When the baby is born the LSPC supports families frequently for the first 6 weeks and throughout the first year of the newborn's life. Are you/your referral interested in receiving lactation support?  Yes  No

### Outreach Doula Program:

The Outreach Doula Program is a community-matched home visiting program where birthing families (< 28 weeks) receive client-centered services focused on prenatal health, birth preparation, 24-7 labor and delivery support, lactation, postpartum and early infant mental health, and parenting. Are you/your Referral interested in this home visiting program?  Yes  No

*(Please note program availability may be limited. Open Arms services are free of cost.)*

### Additional Notes:

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