# **Behavioral Health and Social Service Navigation Support**



### **Family Support Partnership**

### **Behavioral Health and Social Service Navigation Support for Family Support Partnership**

Community members or partners can self-refer as needed. Providers can be reached through their **referral lines** and can request services by referencing the **Family Support Partnership**.

Telehealth Behavioral Health Onsite Support			
Life Transitions Troy Huffman, LMHT Contact (253)-226-1679 troyhuffman@lifetransitions2020.com	Referral line: (253)-363-1453	Available 24/7 Bilingual Staff (English/Spanish)	
Answers Counseling, Consultation and Case Management Services Karla Cain, LMHT karlacain@answerscounseling.org	Referral line: (253)-229-9632	Available 8 a.m. to 8 p.m.	
Diane R. Shepard, MA, NCC, CCMHC, LMHC, SUDP Diane Shepard sacounseling@gmail.com	Referral line: (253)-984-9342	Available 8 a.m. to 8 p.m.	

#### Telehealth Behavioral Health Onsite Support Team will provide:

- Intake.
- Progress note.
- Mental health status exam.
- Brief solution focused session (i.e., parenting solutions, depression, anxiety, finances, poverty, crisis etc.,).
- Referrals & linkages to community supports/resources/services for ongoing services.
- Monthly report & tracking per TPCHD instruction

Social Services Onsite Support Team				
Lead Social Worker -Keisha Harris, MSW, LIC.S. W		Available 8 a.m. to 8 p.m.		
Keishaharris953@gmail.com	Referral line:			
	(253)-290-3474			

#### **Social Services Onsite Support Team:**

- Guest/Community member support and social service navigation
- Referrals & linkages to community supports/resources/services for ongoing services.
- Individual support
- Counseling and advocacy

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## **Family Support Partnership**

Community Health Action Team: Care Coordination Continuum Network				
SeaMar/Elevate Health	Referral Line	Available 8 a.m. to 8 p.m.		
Community Health Action Team (C.H.A.T.)	(253)-331-2380			
For questions or concerns contact: (206)-402-1227				

#### **Community Health Action Team will provide:**

- Mobile-Response
- Social Services Navigation
- Home-Based Behavioral Health and Medical Care

Ongoing support: Family Support Partnership			
Family Support Partnership Eastside Family Support Center (253)-798-4569 Fspartnership@tpchd.org	Referral Line (253)-798-4608	<ul> <li>Community Resources and Referrals</li> <li>Parenting Support</li> <li>DSHS/Washington Connections Support</li> <li>→ Apple Health</li> <li>→ TANF</li> <li>→ Basic Food/SNAP-ED Program</li> <li>→ Childcare Support</li> <li>→ WIC</li> </ul>	