

Available In-Person Services Thursday December 29, 2022

## **Food Pantry**

Courtesy of Eloise's Cooking Pot Food Bank

8:30 am -- 4:30 pm

## Sound Integrated Health

SUD Assessments

9:00 am - 1:00 pm



"Compassion and tolerance are not a sign of weakness, but a sign of strength."

Dalai Lama