Tacoma Pierce County Coalition to End Homelessness

Hot Sheet

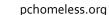
Pierce County Resources for managing excessive heat while unsheltered

The information on this sheet was verified on 7/7/2024, but resources change quickly. Check before traveling whenever possible. If a service is no longer active or you have updates to offer, please contact the Coalition at info@pchomeless.org. For access to emergency shelter, call the Shelter Hub (253) 444-4563. If you are in crisis, please call 988 or to report a crime contact 911.

Transportation: Pierce Transit MAY offer free bus transportation to cooling centers when temperatures exceed 85° Check with your bus driver.

Locations to cool down: (holiday hours may vary)

- Day Centers can be used as cooling sites during hot weather. Use the QR code to learn more about day
 centers and additional inclement weather resources on the coalition website (www.pchomeless.org)
- Tacoma Public Libraries are open Tuesdays through Saturdays.
- Pierce County Public Libraries are open Mondays through Saturdays, with most large branches also open on Sundays.



- Publicly available options to stay cool include visiting a mall or large retail store during business hours.
- Wooded parks and places close to bodies of water are also good options to cool off during the heat.
- Additional overnight shelter beds (when temperatures are above 85°) Use QR code to find contact information.
 - 80 additional beds at Nativity House
 - 20 added beds at the Beacon Youth Center

TACOMA

- St. Vincent de Paul resource center (4009 S. 56th St., Tacoma) is open with full services Mon/Wed/Fri/Sat/Sun 10-3. Due to inclement weather, the center will be open extended hours of 10-4 from July 8–11, 2024.
- Multicultural Child and Family Hope Center (1321 MLK, Tacoma) is open M-F from 10 a.m. 5 p.m. until July 31, 2024
- Nativity House Day Center (702 S. 14th St.) is open from 7 a.m. 5 p.m. 7 days a week
- CCS Family Day Center (5050 South Tacoma Way) is for families only and is open Mon/Tues/Thurs/Fri. (9 a.m. 4 p.m.);
 Wednesday (Noon to 6 p.m.); Saturday & Sunday (9 a.m. 4 p.m.) "Family" is defined as a parent or parents with minor children in their custody, or a pregnant woman.
- Tacoma Rescue Mission (425 South Tacoma Way) Cooling tent open 7a.m. 6 p.m. 7 days a week

GIG HARBOR AND KEY PENINSULA

- Chapel Hill Presbyterian Church (7700 Skansie Ave., Gig Harbor) is open M-F, 12:30 p.m. 8:30 p.m. Enter Door D.
- Waypoint Church (12719 134th Ave. NW, Gig Harbor) is open M-F, 9 a.m. 3 p.m.
- Key Peninsula Civic Center (17010 S. Vaughn R. NW, Vaughn) is open daily, 8 a.m. 9 p.m.

PUYALLUP, PARKLAND, AND GRAHAM

- Department of Emergency Management Cooling Centers
 - Brookdale Elementary School (611 132nd St. S., Parkland) Sunday-Tuesday Noon 8pm,
 - Frontier Park Lodge (21718 Meridian Ave. E., Graham) Sunday Noon 8pm
- New Hope Resource Center (414 Spring St, Puyallup) Monday and Tuesday (July 8th & 9th, 2024) 8 a.m. 5 p.m.



Heat Exhaustion

Heat Stroke

ACT FAST

- Move to a cooler area
- Loosen clothing
- Sip cool water
- Seek medical help if symptoms don't improve

Dizziness

Thirst

Heavy Sweating

Nausea

Weakness



Confusion

Dizziness

Becomes Unconscious



Move person to a cooler area

Heat stroke can cause death or permanent

- Loosen clothing and remove extra layers
- Cool with water or ice

Heat exhaustion can lead to heat stroke.

disability if emergency treatment is not given.









Stay Cool, Stay Hydrated, Stay Informed!

