

CALL US!

We welcome the opportunity to further discuss our work, answer questions or hear your feedback. Please call or email:

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Family Behavioral Health Guiding Principles

Safety First!

Flexible

Unconditional

Family Centered & Youth Guided

Strengths Based

Needs Driven

Team Based & Collaborative

Outcome Driven

Normative

Comprehensive

Cost Effective

Community Based

Promotes Independence

Accessible

Individualized

Successful!



Catholic Community Services

Family Behavioral Health

North Tacoma Office

5410 N 44th St

Tacoma, WA 98407

253-759-9544

800-566-9053

www.ccswv.org



Family Behavioral Health

Catholic Community Services

Youth Crisis Response
24/7 County-Wide

For CRISIS Assistance

Please call:

Toll Free: 1-800-576-7764

TDD: 253-798-4349

For information regarding our services, please call:

253-759-9544



FAST Services

FAST is a safe, highly effective hospital alternative for children/youth for up to 90 days. Families come to FAST when the need for crisis stabilization goes beyond a few days. Services provided include, as needed, the full array of mental health treatment services & strategies, coordinated through the FBH clinician. Working in the youth's home with the family and others, such as teachers and pediatricians, the clinician quickly develops an individualized plan designed to meet immediate safety for the youth & family. The plan is flexible and responsive (24/7) to each child and family.

FAST ensures continued safety and problem-solving until the transition to natural supports and/or formal systems can safely occur. When needed, the clinician has immediate access to an array of additional services & supports such as; additional staff for in-home supports for youth. Psychiatric services, peer counselors, behavioral support staff and other services as needed.

SAFETY is the top priority for all children and families and will not be compromised. When needed, the FBH Clinical team will coordinate additional care or request authorization for a brief hospitalization through Optum (RSN).

Youth Crisis Service

Children and youth in crisis are served by a team of Child and Adolescent Mental Health Specialists through Catholic Community Services, Family Behavioral Health 24 hours a day, 7 days a week.

Building on 30+ years' experience of community and home-based crisis work with children and families in Pierce County, FBH offers a full array of services to assist families in resolving crises in their children. Services may range from a one-time crisis contact to referrals to community mental health providers or a more intensive service areas such WISE, FAST or other community providers.

Upon notification of a crisis, a FBH clinician calls the referent to assess the crisis. Typically, a clinician responds within 1 – 2 hours to the scene of the crisis incident. Families are met at Emergency Departments, the family home, school, or anywhere in the community the crisis occurs. At times, the clinician collaboratively resolves the crisis by telephone. However the majority of time the clinician will meet the youth and family, assess the immediate risk and engage the youth and family in a process of crisis resolution and individualized safety planning. An agreed upon action plan is created with the family. Linkages to other helpful supports and services are initiated.



WISE Services

Wraparound is a consumer driven, community-based alternative to hospitalization and more restrictive care. It is not a set of “services” but a philosophy and team-based process driven by family voice. The process of Wraparound features team-based assessment, planning, action and evaluation.

To develop an individualized care plan, based on strengths and needs that respect your family culture, values, norms, and preferences. Your child and family guide and drive the plan using a team. Families are welcomed into services by Parent and Youth Partners. The team ensures that services are carefully developed and incorporated into the family's plan to build resiliency, support recovery, and enhance self-sufficiency. Services are designed to build on family competencies and expand their support system.

Wrap goes beyond “facilitation” with a complement of intensive, flexible and responsive services that happen in the home and community. Services may include coaching/skill-building, 24/7 response by clinicians, support from peer partners or brief respite care. Psychiatric services and evidence-based therapeutic interventions including are provided when identified as helpful by the team.

